

FESTIVE STARTERS 2023	
Recipe name	Energy (kcal)
CORE ESTATE - FESTIVE MENU 2023 - HAM HOCK TERRINE	460.10kcal
CORE ESTATE - FESTIVE MENU 2023 - HAM HOCK TERRINE - GLUTEN FREE	446.23kcal
CORE ESTATE - FESTIVE MENU 2023 - KING CURED SMOKED SALMON ROYALE FISHCAKE	558.12kcal
CORE ESTATE - FESTIVE MENU 2023 - CARAMELISED ONION SOUP	605.15kcal
CORE ESTATE - FESTIVE MENU 2023 - CARAMELISED ONION SOUP - GLUTEN FREE	582.33kcal
CORE ESTATE - FESTIVE MENU 2023 - BEETROOT GNOCCHI	543.31kcal
FESTIVE MAINS 2023	
Recipe name	Energy (kcal)
CORE ESTATE - FESTIVE MENU 2023 - PAN-ROASTED SEABASS	1,062.68kcal
CORE ESTATE - FESTIVE MENU 2023 - SHORT RIB OF BEEF	1204.08kcal
CORE ESTATE - FESTIVE MENU 2023 - FREE-RANGE TURKEY ESCALLOP WRAPPED IN MAPLE SMOKED BACON	1350.68kcal
CORE ESTATE - FESTIVE MENU 2023 - HASSELBACK BUTTERNUT SQUASH	725.33kcal
CORE ESTATE - FESTIVE MENU 2023 - RED CABBAGE & BROCCOLI	98.22kcal
FESTIVE DESSERTS 2023	
Recipe name	Energy (kcal)
BAKED CHOCOLATE CHEESECAKE	883.24kcal
CORE ESTATE - FESTIVE MENU 2023 - SPICED APPLE MINCEMEAT STRUDEL WITH DOUBLE CREAM	706.09kcal
CORE ESTATE - FESTIVE MENU 2023 - SPICED APPLE MINCEMEAT STRUDEL WITH BRANDY CUSTARD	546.84kcal
CORE ESTATE - FESTIVE MENU 2023 - SPICED APPLE MINCEMEAT STRUDEL WITH SALTED CARAMEL ICE CREAM	673.09kcal
CORE ESTATE - FESTIVE MENU 2023 - SET VANILLA CUSTARD	614.18kcal
CORE ESTATE - FESTIVE MENU 2023 - SELECTION OF CHEESES	861.27kcal
CORE ESTATE - FESTIVE MENU 2023 - SELECTION OF CHEESES - GLUTEN FREE OPTION	840.77kcal
CHRISTMAS DAY STARTERS 2023	
Recipe name	Energy (kcal)
CORE ESTATE - CHRISTMAS DAY 2023 - LOBSTER PRAWN COCKTAIL	330.64kcal
CORE ESTATE - CHRISTMAS DAY 2023 - LOBSTER PRAWN COCKTAIL - GLUTEN FREE	310.01kcal
CORE ESTATE - CHRISTMAS DAY 2023- MUSHROOM PARFAIT	565.61kcal
OAKMAN - CHRISTMAS DAY 2022 - MUSHROOM PARFAIT - GLUTEN FREE	534.11kcal
CORE ESTATE - CHRISTMAS 2023 - BUTTERNUT SQUASH SOUP	269.88kcal
CORE ESTATE - CHRISTMAS 2023 - BUTTERNUT SQUASH SOUP - GLUTEN FREE	218.59kcal
CORE ESTATE - CHRISTMAS DAY 2023 - VENISON TERRINE	465.10kcal
CORE ESTATE - CHRISTMAS DAY 2023 - GLUTEN FREE HAM HOCK TERRINE	446.23kcal
CHRISTMAS DAY MAINS 2023	
Recipe name	Energy (kcal)
CORE ESTATE - CHRISTMAS DAY 2023 - FREE-RANGE BRONZE ROAST TURKEY WITH ALL TRIMMINGS	1,344.34kcal
CORE ESTATE - CHRISTMAS DAY 2023 - FREE-RANGE BRONZE ROAST TURKEY WITH ALL TRIMMINGS - GLUTEN FREE	980.06kcal
CORE ESTATE - CHRISTMAS DAY 2023 - SLOW-ROASTED SIRLOIN OF BEEF	1,248.47kcal
CORE ESTATE - CHRISTMAS DAY 2023 - SLOW-ROASTED SIRLOIN OF BEEF - GLUTEN FREE	1,152.30kcal
CORE ESTATE - CHRISTMAS DAY 2023 - PAN-FRIED HALIBUT	851.32kcal
CORE ESTATE - CHRISTMAS 2023 - SAGE & ONION STUFFED CAULIFLOWER	688.96kcal
CORE ESTATE - CHRISTMAS 2023 - BROCCOLI & BRUSSELS SPROUTS	118.94kcal
CHRISTMAS DAY DESSERTS 2023	
Recipe name	Energy (kcal)
CORE ESTATE - CHRISTMAS DAY 2023 - STICKY TOFFEE APPLE PUDDING	760.22kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CHRISTMAS PUDDING WITH CUSTARD	461.50kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CHRISTMAS PUDDING WITH BRANDY BUTTER	697.97kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CHRISTMAS PUDDING WITH DOUBLE CREAM	643.00kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CHOCOLATE PANNACOTTA	668.57kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CROMWELL BISHOP STILTON & BARBERS PDO CHEDDAR	861.27kcal
CORE ESTATE - CHRISTMAS DAY 2023 - CROMWELL BISHOP STILTON & BARBERS PDO CHEDDAR - GLUTEN FREE	840.77kcal
CHRISTMAS - MULLED WINE TRUFFLES	120.10kcal
KIDS FESTIVE 2023	
Recipe name	Energy (kcal)
OAKMAN - KIDS CHRISTMAS - KIDS BEETROOT FALAFELS	301.12kcal
OAKMAN - KIDS CHRISTMAS - KIDS MOZZARELLA AND GARLIC BREAD	152.10kcal
OAKMAN - KIDS CHRISTMAS - GLUTEN FREE KIDS MOZZARELLA AND GARLIC BREAD	134.10kcal
OAKMAN - KIDS VEGETABLE STICKS	120.60kcal
OAKMAN - KIDS CHRISTMAS 2022 - KIDS FREE-RANGE TURKEY ESCALLOP WRAPPED IN MAPLE SMOKED BACON	520.63kcal
OAKMAN - KIDS CHRISTMAS - KIDS GRILLED SALMON	428.43kcal
OAKMAN - KIDS TOMATO AND BASIL FUSILLI	267.72kcal
OAKMAN - KIDS CHRISTMAS - KIDS BOMBOLONE	326.29kcal
OAKMAN - KIDS CHOCOLATE BROWNIE - CHOCOLATE SAUCE	467.45kcal
OAKMAN - VANILLA ICE CREAM	169.00kcal
OAKMAN - CHOCOLATE ICE CREAM	179.00kcal
*OAKMAN - MANGO SORBET	74.00kcal
OAKMAN - SALTED CARAMEL ICE CREAM	169.00kcal
OAKMAN - SPICED TOFFEE SAUCE	80.86kcal
OAKMAN - CHOCOLATE SAUCE	50.52kcal